



1 p



5'



level 1



Breakfast

### Ingrediënten

4 tablespoons of breakfast cereal

150ml of rice milk, grain milk  
or nut milk of your choice

2 tablespoons of Purasana  
coconut flakes (fine or medium)

1 tablespoon of raisins

## Breakfast with coconut flakes

### Preparation

Add all ingredients to a breakfast bowl  
and stir well.

Enjoy!

### Hungry for more?

Find our delicious recipes on  
**[www.purasana.be](http://www.purasana.be)** or in our book  
**Become A Super Food Chef.**